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- 12,098 clients were assessed.
- Eleven individual service lines were evaluated, a follow-up study was conducted, one federal research grant project was completed, and one federal research grant project was continued.
- The majority (51%) of clients was male.
- 46% of clients were Hispanic, and 42% were white.
- Ages ranged from 0 to 85 years. The average age was 32; the average age of adult clients was 39.
- 67% of adult clients had a high school level education or better.
- 8% of clients were referred to treatment by the criminal justice system.
- 9% of clients (22% of children, 5% of adults) were involved with CPS.
- Depression was the most commonly diagnosed mental health disorder (27%), followed by bipolar disorder (26%), anxiety disorder (25%), PTSD (20%), ADHD (16%), and psychotic disorder (11%).
- 45% of clients aged 12 years and older were diagnosed with a substance abuse disorder.
- 69% of clients had more than one diagnosis.
- 40% of clients aged 12 years and older were diagnosed with co-occurring mental health and substance abuse disorders.
- 35% of clients were discharged during the annual reporting period.
- The treatment completion rate was 28% agencywide, and by site/service line ranged from 4% to 51%.
- Controlling for the effect of involvement with the criminal justice system, males and females were equally likely to complete treatment.
- Among adult and adolescent clients, reported substance use decreased 54%.
- 47% of adult clients were employed or gainfully occupied, reflecting a 21% increase since the time these adults entered treatment.
- The agencywide arrest rate among adult and adolescent clients was 16%, reflecting a 12% decrease since these clients entered treatment.
- 32% of clients moved to a higher level of functioning over the course of treatment, as measured by the Global Assessment of Functioning (Axis V of the DSM-IV).
- In the annual Follow-up Survey, 79% of respondents felt that treatment had been helpful to them.
- Treatment and documentation improvement action items were generated as a result of the outcome reports.