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- 9,930 clients were assessed (71% of clients served this year).
- 10 individual service lines were evaluated, 2 federal grant projects were reported, and 1 federal research project was initiated.
- The majority (51%) of assessed clients were female.
- 45% of assessed clients were Anglo, and 43% were Hispanic.
- The average age of all assessed clients was 32; the average age of adult clients was 40.
- 48% percent of assessed clients (28% adults, 20% children) reported living at home with family or relatives; 38% reported living independently.
- Depression was the most common principal diagnosis (20%), followed closely by bipolar disorder (19%).
- 57% of assessed clients were diagnosed with more than one Axis I disorder.
- 11% of assessed clients were diagnosed with an Axis II disorder.
- 34% of assessed clients (excluding children under the age of 12) were diagnosed with co-occurring mental health and substance abuse disorders.
- The treatment completion rate was 17% agencywide.
- Males and females were equally likely to complete treatment.
- There was a 50% increase in employment among adult clients who completed treatment.
- 47% of clients (excluding children under the age of 12) reported a primary substance, while 23% reported a secondary substance and 8% reported a tertiary substance.
- Reported substance use decreased by 21% among clients aged 12 and older.
- The arrest rate decreased by 19% among clients who completed treatment.
- 37% of clients agencywide, and 61% of clients who completed treatment, showed improvements in symptoms and functioning as measured by the Global Assessment of Functioning (GAF).
- Over time, clients remaining in longer-term treatment have shown clinically substantial and statistically significant improvements in the areas of substance use, arrests, and symptoms/functioning as measured by the GAF.
- In the annual Follow-up Survey, 77% of respondents felt that treatment had been helpful to them.
- Treatment and documentation improvement action items were generated as a result of the outcome reports.